

# COVID-19 Universal Testing on Labor & Delivery

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## WHO is getting tested?

All patients admitted to the hospital for delivery are offered testing for COVID-19.

## WHY are we testing?

Knowing your result early in your hospital stay will help us to best care for you and your baby.

## HOW is the test done?

- You will tilt your head back
- A nurse will place a swab into your nostrils, which may make your eyes water
- The swabbing may feel a bit uncomfortable, but is not painful
- The test is over in less than a minute

## WHAT will happen if my test is positive?

- Your healthy support person can still **stay with you**, but will not be able to come and go from the hospital
- Caregivers will take extra steps to help prevent the spread of the virus
- If you should need a cesarean delivery, your support person will not be able to go into the operating room, but can see you afterwards
- A pediatrician will discuss options to best care for your baby
- You will have the option to **keep your baby with you and breastfeed**
- Your baby will be tested for COVID-19 at 24 hours of life and again at 48 hours of life if still admitted to the hospital
- Circumcision, if desired, will be performed at a later time
- You and your baby can go home together and we will teach you how to safely care for your baby while at home

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This info is a general resource. It is not meant to replace your health care provider's advice. Ask your doctor or health care team any questions. Always follow their instructions.