

Pregnant? Top 3 Reasons Why You Need the **Flu Vaccine**

1 The flu is a serious illness that can be much more severe during pregnancy. It can be life-threatening for newborns and pregnant women.

2 Getting the flu vaccine during pregnancy helps protect your newborn from the flu until the baby is old enough for his or her own vaccine.

3 The flu vaccine is safe for both you and your fetus. You cannot get the flu from the flu vaccine.



Get the flu vaccine during **every pregnancy**, as soon as the vaccine is available. You can get the flu vaccine during any trimester.



The American College of
Obstetricians and Gynecologists
WOMEN'S HEALTH CARE PHYSICIANS

Learn more at
[ImmunizationforWomen.org](https://www.immunizationforwomen.org)